

旅游计划

TRIP PLANNING

路线选项

Trail Options

1. [三日游 Three-Day Trail](#)
2. [一日游 One-Day Trail](#)
一日综合游 One-day variations by variety or location
(State College, Bellefonte, Philipsburg, Boalsburg, Mix)
3. [户外游 Outdoor Trail](#)
4. [历史游 History Trail](#)
5. [家庭游 Family Trail](#)
6. [养生游 Wellness Trail](#)
7. [品酒游 Tasting Trail](#)
8. [自行车游 Biking Trail](#)
9. [登山游 Hiking Trail](#)
10. [垂钓游 Fishing Trail](#)
11. [汽车游 Car Trail](#)
12. [更多的登山游 More Hiking Trail](#)

三日旅游计划

3 Days-Trip plans



第一天 - 州立学院 | Day 1 - State College

早上 | Morning:

参观帕默艺术博物馆，欣赏多种多样的艺术收藏作品。

Start at the Palmer Museum of Art to appreciate a diverse collection of artworks.

如果你喜欢艺术，千万不要错过各种类型的艺术作品，包括古典到现代以及东方和西方风格的艺术作品，例如本地美国陶瓷和东亚陶瓷。

If you like art, you can't miss the various types of artworks ranging from classical to modern and both Eastern and Western styles. E.g., local American ceramics and East Asian ceramics.

参观尼塔尼狮子神殿，拍摄典型宾夕法尼亚州立大学的照片。

Visit the Nittany Lion Shrine for a quintessential Penn State photo opportunity.

虽然这只是一座山狮雕像，但它具有非凡的象征意义，是宾州州立大学的精神吉祥物。

Although it is just a mountain lion sculpture, it is of extraordinary significance and is the spiritual school mascot.

午餐 | Lunch:

在角落房间，一家经典的州立大学餐厅，吃点东西，这里提供各种美式菜肴。

Grab a bite at the Corner Room, a classic State College diner with a variety of American food.

食物鲜美，量价俱佳。

Easy to grab delicious food and reasonable portions and prices.

下午 | Afternoon:

参观宾夕法尼亚州立大学体育综合博物馆，了解宾夕法尼亚州立大学体育运动的历史，然后漫步宾夕法尼亚州立大学植物园，欣赏其美丽的花园。

Visit the Penn State All-Sports Museum to learn about the history of Penn State athletics. Then, take a stroll through Penn State's Arboretum to enjoy its stunning gardens.

参观宾夕法尼亚州立大学时，不要错过室内植物园。它拥有该地区最独特的建筑设计和各种精美植物。

Don't miss the Indoor Botanical Gardens when visiting Penn State University. It features some of the area's most unique architectural designs and a variety of exquisite plants.

晚上 | Evening:

在蓝砖剧院观看喜剧脱口秀度过一个愉快的夜晚来结束这一天，或者如果是赛季的话，去观看一场宾夕法尼亚州立大学的篮球比赛。

End the day with a fun improv comedy show at Blue Brick Theatre. Or if it's basketball season, catch a Penn State game.

晚餐 | Dinner:

可以考虑去艾伦街烧烤店享用美式经典菜肴。

For dinner, consider Allen Street Grill for American classics.

艾伦街烧烤店有美味的鞑靼牛排和特色鸡尾酒。

Allen Street Grill has a great steak tartare, and special cocktails.



第二天 - 贝乐方特 | Day 2 - Bellefonte

早上 | Morning:

首先参观贝乐方特艺术博物馆，欣赏本地和本地区艺术家的作品。

Begin with the Bellefonte Art Museum, which showcases local and regional artists.

漫步贝乐方特市中心，预定一位本地的历史学家，了解这里丰富的历史。

Walk through Bellefonte Downtown or, better yet, book a historic walking tour with Local Historia to learn about Bellefonte's rich local history.

来到贝乐方特艺术博物馆时，不要忘记参观地下铁路展；各种活动定期举办，各具特色。

When you visit the Bellefonte Art Museum, don't miss the Underground Railroad exhibition; various activities are also held regularly, each with its own unique charm.

您还可以跟随当地的历史学家游览贝乐方特市中心整个小镇的历史遗迹。

You can also follow local historians to tour the historical sites of the entire town in Bellefonte Downtown. Downtown.

午餐| Lunch:

在邦法托意大利市场与角落咖啡馆享用休闲餐

Enjoy a casual meal at Bonfatto's Italian Market & Corner Café.

在邦法托意大利市场与角落咖啡馆享用正宗的意大利三明治和咖啡，这是一家具有欧洲风格的小店。

Enjoy the delicious and authentic Italian sub and coffee at Bonfatto's Italian Market & Corner Café, a small shop with European style.

下午| Afternoon:

在塔勒兰公园度过一段时光，享受美丽的风景，然后参观美国集邮协会，体验独特的集邮体验。

Spend time at Talleyrand Park for a scenic view and then visit the American Philatelic Society for a unique stamp-collecting experience.

美国集邮协会是世界上最大的非营利性集邮爱好者协会，同时也是世界上最大的集邮文件收藏机构。

The American Philatelic Society is the world's largest non-profit philatelic enthusiast's association and the world's largest collection of stamp-collecting documents.

参观贝乐商业和Smith + Front小店，搜寻独特的当地工艺品和古董。

Check out Belle Mercantile and Smith + Front for unique local crafts and vintage finds.

贝乐商业是一个以手工珠宝和家居装饰品为特色的店。

Belle Mercantile is a marketplace featuring handcrafted jewelry and home décor.

Smith + Front是一家独特的礼品店，提供精选的手工制作和当地采购的优质礼品。

Smith + Front is a unique gift shop featuring a curated selection of handmade and locally sourced fine gifts.

晚餐| Dinner:

在罗宾汉啤酒厂或麋鹿溪咖啡馆+ 酒屋享受轻松的晚餐，以当地酿造的啤酒和鲜美菜肴而闻名。

End your day with a relaxed dinner at Robin Hood Brewery or Elk Creek Cafe + Aleworks, known for its local brews and hearty dishes.

第三天 - 户外探险游 | Day 3 - Outdoor Adventure

早上 | Morning:

以宾夕法尼亚洞穴和野生动物园溶洞游船之旅开始新的一天，探索洞穴和观赏野生动物园。
Start the day with a scenic boat tour at Penn's Cave & Wildlife Park to explore the cave and observe wildlife.

有时间的话，前往波艾帕迪州立公园进行一次短途徒步旅行，享受宁静的自然环境。
Time permits, head to Poe Paddy State Park for a short hike and enjoy the serene natural environment.

午餐 | Lunch:

在1827年开业的Hublersburg Inn享用经典的美式午餐，或准备一顿野餐在公园里享用。这是一个了解19世纪初美国文化和生活方式的好机会。

Stop by Hublersburg Inn (founded in 1827) and explore its pictures and architecture to experience the unique lifestyle of 19th-century America through its food and ambiance. Alternatively, you can pack a picnic to enjoy at the park.

下午 | Afternoon:

探索白头鹰州立森林公园，享受沉浸式自然体验，或在Woodward岩洞和露营地进行地下探险。
Explore Bald Eagle State Forest for a more immersive nature experience or go spelunking at Woodward Cave & Campground for an adventurous underground exploration.

晚餐 | Dining:

在21桶威士忌酒厂享用晚餐。
Dine at Barrel 21 Distillery.

一日游路线推荐

One Day Trail

选项 1 | Option 1

早上 | Morning:

在Climb Nittany 开始一天的室外攀岩或室内登高运动，感受攀岩活动乐趣。
Kickstart with a climb at Climb Nittany to enjoy rock climbing or bouldering.

参观博尔斯基堡的宾夕法尼亚军事博物馆，深入了解宾州的军事史。
Visit the Pennsylvania Military Museum in Boalsburg to delve into military history.

午餐 | Lunch:

在博尔早餐食堂享用午餐。
Enjoy lunch at Breakfast on Boal.

下午 | Afternoon:

继续参观哥伦布教堂和博尔庄园博物馆，了解本地历史。
Continue to Columbus Chapel & Boal Mansion Museum for a historical tour.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。
Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

选项 2 | Option 2

早上 | Morning:

根据季节的不同，早晨可以在塔西山滑雪与休闲中心享受滑雪、雪地漂移或迷你高尔夫。
Spend the morning at Tussey Mountain Ski and Recreation for skiing, snow tubing, or mini golf, depending on the season.

前往费城欢乐谷地理之旅索该地区的地理捉迷藏游戏。
Head to Happy Valley PA Geo Tour to explore geocaching spots around the area.

午餐 | Lunch:

在欢乐谷啤酒厂用餐。
Dine at Happy Valley Brewing Company.

下午 | Afternoon:

参观宾夕法尼亚州中部品酒小径，品尝当地的啤酒、苹果酒和烈酒（仅限成人），并享受品尝的乐趣。
Visit the Central PA Tasting Trail for local brews, ciders, and spirits (for adults), and enjoy some tastings.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。
Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

选项3 | Option 3

早上 | Morning:

宾夕法尼亚州立大学植物园漫步，享受花朵间宁静的早晨。

Start with a serene walk through the Penn State Arboretum for a peaceful morning among the flowers.

午餐 | Lunch:

在漫步绿头鸭咖啡馆享用轻食。

Have a light lunch at The Meandering Mallard Coffee House.

下午 | Afternoon:

在坡帕迪州立公园悠闲地度过下午，享受野餐和轻松阅读。

Spend the afternoon leisurely at Poe Paddy State Park, enjoying a picnic and light reading.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。

Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.





州立大学 | State College

早上 | Morning:

参观帕默艺术博物馆，欣赏多种多样的艺术收藏作品。

Start at the Palmer Museum of Art to appreciate a diverse collection of artworks.

如果你喜欢艺术，千万不要错过各种类型的艺术作品，包括古典到现代以及东方和西方风格的艺术作品，例如本地美国陶瓷和东亚陶瓷。

If you like art, you can't miss the various types of artworks ranging from classical to modern and both Eastern and Western styles. E.g., local American ceramics and East Asian ceramics.

参观尼塔尼狮子神殿，拍摄典型宾夕法尼亚州立大学的照片

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Although it is just a mountain lion sculpture, it is of extraordinary significance and is the spiritual school mascot.

午餐 | Lunch:

在角落房间吃点东西，这是一家经典的州立大学餐厅，提供多种美式菜肴。

Grab a bite at The Corner Room, a classic State College diner with a variety of American dishes.

下午 | Afternoon:

探索宾夕法尼亚州立大学全体育博物馆深入了解宾夕法尼亚州立大学体育的历史，然后在宾夕法尼亚州立大学植物园散步，享受美丽的花园。

Explore the Penn State All-Sports Museum to dive into the history of Penn State athletics, then take a stroll around Penn State's Arboretum to enjoy its beautiful gardens.

晚上 | Evening:

以在蓝砖剧场观看即兴喜剧表演或者如果正值赛季，可参加一场夕法尼亚州立大学篮球比赛结束一天的活动。

End the day with a fun night at the Blue Brick Theatre for an improv comedy show or catch a Penn State basketball game if it's in season.

晚餐 | Dining:

晚餐可以考虑艾伦街烧烤店，享用美式经典菜肴。

For dinner, consider Allen Street Grill for American classics.

艾伦街烧烤店有美味的鞑靼牛排和特色鸡尾酒。

Allen Street Grill has a great steak tartare, and special cocktails.



贝乐方特 | Bellefonte

早上 | Morning:

首先参观贝乐方特艺术博物馆，欣赏当地和地区艺术家的作品。

Begin with the Bellefonte Art Museum, which showcases local and regional artists.

穿过贝乐方特市中心，预定一位本地的历史学家，了解这里丰富的历史。

Walk through Bellefonte Downtown or, better yet, book a historic walking tour with Local Historia to learn about Bellefonte's rich local history.

来到贝乐方特艺术博物馆时，必须参观地下铁路展览。当然，还有各种活动定期举办，各具特色。

When you come to the Bellefonte Art Museum, you must visit the underground railroad exhibition. Of course, there are also various activities held frequently, each with its own characteristics.

您还可以跟随当地的历史学家游览贝乐方特市中心整个小镇的历史遗迹。

You can also follow Local Historia to tour the historical sites of the entire town in Bellefonte Downtown.

午餐 | Lunch:

在邦法托意大利市场与角落咖啡馆享用休闲餐

Enjoy a casual meal at Bonfatto's Italian Market & Corner Café.

在邦法托意大利市场与角落咖啡馆享用正宗的意大利三明治和咖啡，这是一家具有欧洲风格的小店。

Enjoy the delicious and authentic Italian sub and coffee at Bonfatto's Italian Market & Corner Café, a small shop with European style.



下午 | Afternoon:

在塔勒兰公园度过一段时光，享受美丽的风景，然后参观美国集邮协会，体验独特的集邮体验。

Spend time at Talleyrand Park for a scenic view and then visit the American Philatelic Society for a unique stamp-collecting experience.

美国集邮协会是世界上最大的非营利性集邮爱好者协会，同时也是世界上最大的集邮文件收藏机构。

The American Philatelic Society is the world's largest non-profit philatelic enthusiast's association and the world's largest collection of stamp-collecting documents.

参观Belle Mercantile和Smith + Front，寻找独特的当地工艺品和复古珍品。

Check out Belle Mercantile and Smith + Front for unique local crafts and vintage finds.

Belle Mercantile 是一个以手工珠宝和家居装饰品为特色的店。

Belle Mercantile is a marketplace featuring handcrafted jewelry and home décor.

Smith + Front是一家独特的礼品店，提供精选的手工制作和当地采购的优质礼品。

Smith + Front is a unique gift shop featuring a curated selection of handmade and locally sourced fine gifts.

晚餐 | Dinner:

在四路酒吧与餐厅或麋鹿溪咖啡馆+ 酒屋享受轻松的晚餐，以当地酿造的啤酒和鲜美菜肴而闻名。

End your day with a relaxed dinner at Four Ways Pub & Eatery or Elk Creek Cafe + Aleworks, known for its local brews and hearty dishes.



附近城镇指南 | Trails in nearby towns

菲利普斯堡 | Philipsburg

莫珊山谷遗产中心 → Wilderness City 飞盘高尔夫球场

Moshannon Valley Heritage Center → Wilderness City Disc Golf Course

博尔斯堡 | Boalsburg

宾夕法尼亚军事博物馆 → 哥伦布礼拜堂与博尔庄园博物馆 → Climb Nittany Pennsylvania Military Museum → Columbus Chapel & Boal Mansion Museum → Climb Nittany

历史和自然一站式体验 | All in One

罗伯多堡历史遗址 → Tytoona 洞穴自然保护区
Fort Roberdeau Historic Site



户外探险游

Outdoor Adventure Trail

早上 | Morning:

以宾夕法尼亚洞穴和野生动物园溶洞游船之旅开始新的一天，探索洞穴和观赏野生动物园。
Start the day with a scenic boat tour at Penn's Cave & Wildlife Park to explore the cave and observe wildlife.

有时间的话，前往波艾帕迪州立公园进行一次短途徒步旅行，享受宁静的自然环境。
Time permits, head to Poe Paddy State Park for a short hike and enjoy the serene natural environment.

午餐 | Lunch:

在罗宾汉啤酒厂享受轻松的午餐。
Have a relaxing lunch at Robin Hood Brewery.

下午 | Afternoon:

探索白头鹰州立森林公园，享受沉浸式自然体验，或在Woodward岩洞和露营地进行地下探险。
Explore Bald Eagle State Forest for a more immersive nature experience or go spelunking at Woodward Cave & Campground for an adventurous underground exploration.

晚餐 | Dining:

在1827年开业的Hublersburg Inn享用经典的美式晚餐。这是一个了解19世纪初美国文化和生活方式的好机会。
Stop by Hublersburg Inn (founded in 1827) and explore its pictures and architecture to experience the unique lifestyle of 19th-century America through its food and ambiance.

历史游

Historical Trail

早上 | Morning:

在Climb Nittany 开始一天的室外攀岩或室内登高运动，感受攀岩活动乐趣。
Kickstart with a climb at Climb Nittany to enjoy rock climbing or bouldering.

参观博尔斯基堡的宾夕法尼亚军事博物馆，深入了解宾州的军事史。
Visit the Pennsylvania Military Museum in Boalsburg to delve into military history.

午餐 | Lunch:

在兄弟比萨店享用意大利式午餐。
Enjoy lunch at Brothers Pizza & Italian Restaurant.

下午 | Afternoon:

继续参观哥伦布教堂和博尔庄园博物馆，了解本地历史。
Continue to Columbus Chapel & Boal Mansion Museum for a historical tour.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。
Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

家庭游 Family Trail

早上 | Morning:

根据季节的不同，早晨可以在塔西山滑雪与休闲中心享受滑雪、雪地漂移或迷你高尔夫。

Spend the morning at Tussey Mountain Ski and Recreation for skiing, snow tubing, or mini golf, depending on the season.

前往费城欢乐谷地理之旅索该地区的地理捉迷藏游戏。

Head to Happy Valley PA Geo Tour to explore geocaching spots around the area.

午餐 | Lunch:

在裸蛋咖啡馆用餐。

Dine at The Naked Egg Cafe.



下午 | Afternoon:

参观宾夕法尼亚州中部品酒小径，品尝当地的啤酒、苹果酒和烈酒（仅限成人），并享受品尝的乐趣。

Visit the Central PA Tasting Trail for local brews, ciders, and spirits (for adults), and enjoy some tastings.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。

Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

皮划艇 | Kayaking

塔西山户外用品店 TMO (Tussey Mountain Outfitters)

划艇之旅：包括一切（船、桨、司机接送）、救生衣（PFDS）\$50/人

Paddle trip: Everything includes (boat, paddles, driver shuttle), PFDS \$50/person



养生游

Wellness Trail

早上 | Morning:

宾夕法尼亚州立大学植物园漫步，享受花朵间宁静的早晨。

Start with a serene walk through the Penn State Arboretum for a peaceful morning among the flowers.

午餐 | Lunch:

在蜿蜒的绿头鸭咖啡馆享用轻食。

Have a light lunch at The Meandering Mallard Coffee House.

下午 | Afternoon:

在坡帕迪州立公园悠闲地度过下午，享受野餐和轻松阅读。

Spend the afternoon leisurely at Poe Paddy State Park, enjoying a picnic and light reading.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。

Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

宾夕法尼亚州中部品酒游

Central PA Tasting Trail

宾州中部品酒小径是宾夕法尼亚州中心县的自助游览路线，本地12家精酿酒庄，包括酿酒厂、苹果酒厂、蒸馏酒厂和葡萄酒庄。每个地点提供独特折扣，沿途还有美食摊位、现场音乐和本地手工艺品，让旅程充满乐趣。

The Central PA Tasting Trail is a self-guided tour of 18 craft beverage producers in Centre County, Pennsylvania. The trail includes breweries, cideries, distilleries, and wineries, and offers discounts and deals at each location. The trail also features food vendors, music, and local wares.



TASTING TRAIL MEMBERS

1. ANTIFRAGILE BREWING CO. - STATE COLLEGE
2. AXEMANN BREWERY - BELLEFONTE
3. BARREL 21 DISTILLERY & DINING - STATE COLLEGE
4. BIG SPRING SPIRITS - BELLEFONTE
5. BLONDE BISTRO BREW WORKS - BELLEFONTE
6. BOAL CITY BREWING CO. - BOALSBURG
7. DEAD CANARY BREWING CO. - PHILIPSBURG
8. ELK CREEK CAFE + ALEWORKS - MILLHEIM
9. HAPPY VALLEY VINEYARD & WINERY - STATE COLLEGE
10. J.L. FARM AND CIDER - 814 CIDER WORKS - STATE COLLEGE
11. MOUNT NITTANY VINEYARD & WINERY - CENTRE HALL
12. OTTO'S PUB & BREWERY/KEEWAYDIN CIDER - STATE COLLEGE
13. PISANO WINERY - MILLHEIM
14. ROBIN HOOD BREWING CO. - BELLEFONTE
15. SEVEN MOUNTAINS WINE CELLARS - SPRING MILLS
16. TITAN HOLLOW - BELLEFONTE
17. UNIVERSITY WINE COMPANY - STATE COLLEGE
Winery, Tasting Room & Vineyard

CENTRAL PA TASTING TRAIL

A CRAFT BEER, SPIRITS, AND WINE EXPERIENCE

SEE OUR ADDITIONAL FRIENDS AROUND PA:
 Jackass Brewing, Lewisburg, PA
 Nomad Distilling, Williamsport, PA
 Woody Lodge Winery, Asheville, PA

The Central PA Tasting Trail is a self-guided tour comprised of craft breweries, distilleries, wineries and cideries all of whom have worked to perfect the art of making palate-pleasing beverages.

Welcome to Central PA!

www.centralpatastingtrail.com



骑自行车小径推荐

Biking Trail Recommendation

Harvest Field 社区步道

Harvest Field Community Trails

塔西山步道/8英里长， 平均3小时

Tussey Mountain trail/8miles long, Avg 3 hour

Hobbies'步道/2.6英里， 平均1小时长

Hobbies' Trail/2.6mile, Avg 1hrs long



登山小径推荐

Hiking Trail Recommendation

尼塔尼山环路

Mount Nitty loop

5英里，爬升941英尺/平均耗时2小时25分钟
5mi, 941ft/ Avg 2hrs 25min

蝴蝶路

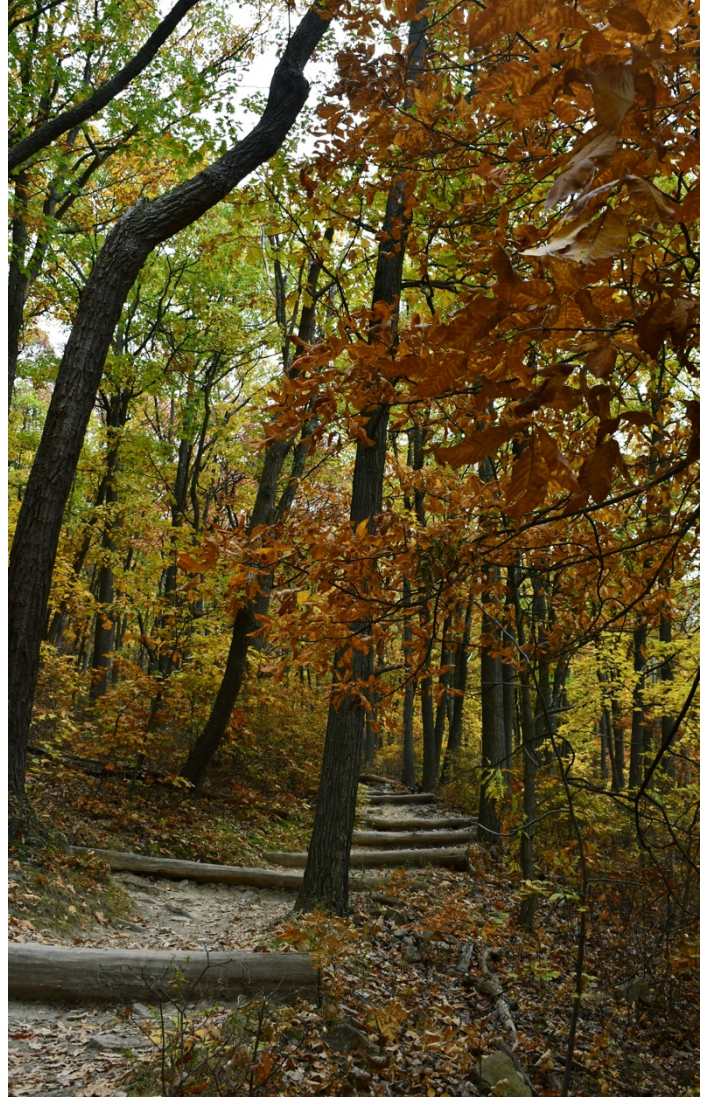
Butterfly Trail

1.9英里，爬升78英尺/平均耗时37分钟
1.9mi, 78ft/ Avg 37min

熊草地环路

Bear Meadows loop

3.5英里，爬升134英尺 / 平均耗时1小时8分钟
3.5mi, 134ft/ Avg 1hrs 8min



Little Flat 火塔/Mid State 路交叉口 到 Shingletown Gap 路

Little Flat Fire Tower/Mid State Trail to Shingletown Gap trail

5.3英里，爬升597英尺/平均耗时2小时8分钟
5.3mi, 597ft/ Avg 2hrs 8min

钓鱼主题狂热游推荐线路

Fishing Recommendation

路线 1：住宿 -> 斯普林克里（春溪）渔夫天堂

Trail 1: Lodging -> Spring Creek Fisherman's Paradise

路线 2：住宿 -> 福斯特约瑟夫塞耶斯湖/白头鹰州立公园

Trail 2: Lodging -> Foster Joseph Sayers Lake/Bald Eagle State Park

路线 3：住宿 -> 黑莫珊山州立公园

Trail 3: Lodging -> Black Moshannon State Park

*必须获得钓鱼许可证和设备

许可证可在鱼类和船舶委员会购买。

*Must get a fishing license and equipment

The license can be purchased via the Pennsylvania Fish and Boat Commission.

获取钓鱼设备的地方

Places to get fishing equipment

TCO 飞钓店 – 州立学院 TCO Fly Shop – State College

可驾车到达的观景点

Vistas Accessible by Car

乔·海耶斯观景点 | Jo Hayes Vista

- a. 位置：塔西山 (Tussey Mountain) 路26号，位于州学院 (State College) 南部。
Location: Tussey Mountain on Route 26, south of State College.
- b. 特点：俯瞰快乐谷 (Happy Valley) 农田、州学院、秃鹰山 (Bald Eagle Mountain) 和阿勒格尼山脉 (Allegheny Front)。
Features: Overlooks Happy Valley farming country, State College, Bald Eagle Mountain, and Allegheny Front.

熊峡路观景点 | Bear Gap Road Vista

- a. 位置：罗斯罗克州立森林 (Rothrock State Forest)，熊峡路 (Bear Gap Road)。
Location: Rothrock State Forest, Bear Gap Road.
- b. 特点：可以看到中县 (Centre County) 的森林谷景色。
Features: View of a forest valley looking north into Centre County.

沃普勒路观景点 | Wampler Road Vista

- a. 位置：罗斯罗克州立森林，沃普勒路 (Wampler Road) (崎岖的路段)。
Location: Rothrock State Forest, Wampler Road (rugged road).
- b. 特点：可以看到德特维勒溪谷 (Detwiler Run) 和立石溪 (Standing Stone Creek) 的景色。
Features: View into the valleys of Detwiler Run and Standing Stone Creek.

熊草甸沼泽观景点 | Bear Meadows Bog Vista

- a. 位置：罗斯罗克州立森林，熊草甸路 (Bear Meadows Road)。
Location: Rothrock State Forest, Bear Meadows Road.
- b. 特点：冬季景色最佳；俯瞰熊草甸沼泽 (Bear Meadows Bog)。
Features: Best during winter; overlook of Bear Meadows Bog.

I-99 白头鹰谷景色 | I-99 Bald Eagle Valley Views

- a. 位置：从秃鹰 (Bald Eagle) 的52号出口到Skytop的I-99北段。
Location: I-99 North from Bald Eagle (Exit 52) to Skytop.
- b. 特点：可以看到秃鹰谷 (Bald Eagle Valley) 和阿勒格尼山脉的美景。
Features: Excellent views of Bald Eagle Valley and Allegheny Front.

沙脊步道观景点 | Sandy Ridge Trail Vista

- a. 位置：位于波特·马蒂尔达 (Port Matilda) 西北的33号州立狩猎区 (State Game Lands 33)
Location: State Game Lands 33, northwest of Port Matilda.
- b. 特点：俯瞰阿勒格尼高原 (Allegheny Plateau) 的地形
Features: Topography of the Allegheny Plateau.

白头鹰州立公园观景点 | Bald Eagle State Park Overlook

- a. 位置：迈尔斯堡 (Milesburg) 北部的150号公路沿线。
Location: Route 150, north of Milesburg.
- b. 特点：设有石墙和宽敞停车区的观景点。
Features: Stone wall bordering overlook with ample parking.



需徒步到达的观景点

Vistas Accessible by Hiking

阿勒格尼山脉 前沿步道 (AFT) | Allegheny Front Trail (AFT)

- a. 位置：莫沙农州立森林 (Moshannon State Forest), 安德伍德路 (Underwood Road) 东侧。
Location: East of Underwood Road in Moshannon State Forest.
- b. 特点：在3.8英里的崎岖小路上有5个观景点，包括俯瞰阿勒格尼山脉 前沿的景色。
Features: Five rugged vistas within 3.8 miles, including an overlook of the Allegheny Front.

黑莫沙农州立公园北部的AFT步道 | AFT North of Black Moshannon State Park

- a. 位置：靠近西布兰奇苏斯奎哈纳河 (West Branch of the Susquehanna River)。
Location: Near the West Branch of the Susquehanna River.
- b. 特点：大部分为平坦路段，但有一些岩石和陡峭的部分。
Features: Flat trail with some rocky, steep sections.



尼塔尼山观景点 | Mount Nittany Vistas

- a. 位置：博尔斯堡 (Boalsburg), 起点位于500 Mount Nittany Road。
Location: Boalsburg, starting at 500 Mount Nittany Road.
- b. 特点：七个观景点，包括迈克·林奇观景点 (Mike Lynch Overlook) (俯瞰州立大学校园和比弗体育场)。
Features: Seven vistas, including Mike Lynch Overlook (campus and Beaver Stadium).

中州步道观景点 | Mid-State Trail Vistas

- a. 位置：罗斯洛克州立森林，乔·海耶斯观景点东或西。
Location: East or west of Jo Hayes Vista in Rothrock State Forest.
- b. 特点：沿步道有多个观景点。
Features: Multiple views along the trail.

北草地路观景点（封闭路段） | North Meadows Road Vista (Closed Road)

- a. 位置：罗斯洛克州立森林。
Location: Rothrock State Forest.
- b. 特点：宾州自然保护厅员工称其为森林中最佳观景点。
Features: Described as the best view in the forest by a DCNR employee.

