

一日游路线推荐

One Day Trail

选项 1 | Option 1

早上 | Morning:

在Climb Nittany 开始一天的室外攀岩或室内登高运动，感受攀岩活动乐趣。
Kickstart with a climb at Climb Nittany to enjoy rock climbing or bouldering.

参观博尔斯基堡的宾夕法尼亚军事博物馆，深入了解宾州的军事史。
Visit the Pennsylvania Military Museum in Boalsburg to delve into military history.

午餐 | Lunch:

在博尔早餐食堂享用午餐。
Enjoy lunch at Breakfast on Boal.

下午 | Afternoon:

继续参观哥伦布教堂和博尔庄园博物馆，了解本地历史。
Continue to Columbus Chapel & Boal Mansion Museum for a historical tour.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。
Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

选项 2 | Option 2

早上 | Morning:

根据季节的不同，早晨可以在塔西山滑雪与休闲中心享受滑雪、雪地漂移或迷你高尔夫。
Spend the morning at Tussey Mountain Ski and Recreation for skiing, snow tubing, or mini golf, depending on the season.

前往费城欢乐谷地理之旅索该地区的地理捉迷藏游戏。
Head to Happy Valley PA Geo Tour to explore geocaching spots around the area.

午餐 | Lunch:

在欢乐谷啤酒厂用餐。
Dine at Happy Valley Brewing Company.

下午 | Afternoon:

参观宾夕法尼亚州中部品酒小径，品尝当地的啤酒、苹果酒和烈酒（仅限成人），并享受品尝的乐趣。
Visit the Central PA Tasting Trail for local brews, ciders, and spirits (for adults), and enjoy some tastings.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。
Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.

选项3 | Option 3

早上 | Morning:

宾夕法尼亚州立大学植物园漫步，享受花朵间宁静的早晨。

Start with a serene walk through the Penn State Arboretum for a peaceful morning among the flowers.

午餐 | Lunch:

在漫步绿头鸭咖啡馆享用轻食。

Have a light lunch at The Meandering Mallard Coffee House.

下午 | Afternoon:

在坡帕迪州立公园悠闲地度过下午，享受野餐和轻松阅读。

Spend the afternoon leisurely at Poe Paddy State Park, enjoying a picnic and light reading.

晚餐 | Dinner:

在磨坊旁溪边餐厅享用一顿宁静的美景晚餐，为这天画上圆满的句号。

Finish the day with a tranquil dinner at Creekside at Gamble Mill with scenic views.





州立大学 | State College

早上 | Morning:

参观帕默艺术博物馆，欣赏多种多样的艺术收藏作品。

Start at the Palmer Museum of Art to appreciate a diverse collection of artworks.

如果你喜欢艺术，千万不要错过各种类型的艺术作品，包括古典到现代以及东方和西方风格的艺术作品，例如本地美国陶瓷和东亚陶瓷。

If you like art, you can't miss the various types of artworks ranging from classical to modern and both Eastern and Western styles. E.g., local American ceramics and East Asian ceramics.

参观尼塔尼狮子神殿，拍摄典型宾夕法尼亚州立大学的照片

Visit the Nittany Lion Shrine for a quintessential Penn State photo opportunity.

虽然这只是一座山狮雕像，但它具有非凡的象征意义，是宾州州立大学的精神吉祥物。

Although it is just a mountain lion sculpture, it is of extraordinary significance and is the spiritual school mascot.

午餐 | Lunch:

在角落房间吃点东西，这是一家经典的州立大学餐厅，提供多种美式菜肴。

Grab a bite at The Corner Room, a classic State College diner with a variety of American dishes.

下午 | Afternoon:

探索宾夕法尼亚州立大学全体育博物馆深入了解宾夕法尼亚州立大学体育的历史，然后在宾夕法尼亚州立大学植物园散步，享受美丽的花园。

Explore the Penn State All-Sports Museum to dive into the history of Penn State athletics, then take a stroll around Penn State's Arboretum to enjoy its beautiful gardens.

晚上 | Evening:

以在蓝砖剧场观看即兴喜剧表演或者如果正值赛季，可参加一场夕法尼亚州立大学篮球比赛结束一天的活动。

End the day with a fun night at the Blue Brick Theatre for an improv comedy show or catch a Penn State basketball game if it's in season.

晚餐 | Dining:

晚餐可以考虑艾伦街烧烤店，享用美式经典菜肴。

For dinner, consider Allen Street Grill for American classics.

艾伦街烧烤店有美味的鞑靼牛排和特色鸡尾酒。

Allen Street Grill has a great steak tartare, and special cocktails.



贝乐方特 | Bellefonte

早上 | Morning:

首先参观贝乐方特艺术博物馆，欣赏当地和地区艺术家的作品。

Begin with the Bellefonte Art Museum, which showcases local and regional artists.

穿过贝乐方特市中心，预定一位本地的历史学家，了解这里丰富的历史。

Walk through Bellefonte Downtown or, better yet, book a historic walking tour with Local Historia to learn about Bellefonte's rich local history.

来到贝乐方特艺术博物馆时，必须参观地下铁路展览。当然，还有各种活动定期举办，各具特色。

When you come to the Bellefonte Art Museum, you must visit the underground railroad exhibition. Of course, there are also various activities held frequently, each with its own characteristics.

您还可以跟随当地的历史学家游览贝乐方特市中心整个小镇的历史遗迹。

You can also follow Local Historia to tour the historical sites of the entire town in Bellefonte Downtown.

午餐 | Lunch:

在邦法托意大利市场与角落咖啡馆享用休闲餐

Enjoy a casual meal at Bonfatto's Italian Market & Corner Café.

在邦法托意大利市场与角落咖啡馆享用正宗的意大利三明治和咖啡，这是一家具有欧洲风格的小店。

Enjoy the delicious and authentic Italian sub and coffee at Bonfatto's Italian Market & Corner Café, a small shop with European style.



下午 | Afternoon:

在塔勒兰公园度过一段时光，享受美丽的风景，然后参观美国集邮协会，体验独特的集邮体验。

Spend time at Talleyrand Park for a scenic view and then visit the American Philatelic Society for a unique stamp-collecting experience.

美国集邮协会是世界上最大的非营利性集邮爱好者协会，同时也是世界上最大的集邮文件收藏机构。

The American Philatelic Society is the world's largest non-profit philatelic enthusiast's association and the world's largest collection of stamp-collecting documents.

参观Belle Mercantile和Smith + Front，寻找独特的当地工艺品和复古珍品。

Check out Belle Mercantile and Smith + Front for unique local crafts and vintage finds.

Belle Mercantile 是一个以手工珠宝和家居装饰品为特色的店。

Belle Mercantile is a marketplace featuring handcrafted jewelry and home décor.

Smith + Front是一家独特的礼品店，提供精选的手工制作和当地采购的优质礼品。

Smith + Front is a unique gift shop featuring a curated selection of handmade and locally sourced fine gifts.

晚餐 | Dinner:

在四路酒吧与餐厅或麋鹿溪咖啡馆+ 酒屋享受轻松的晚餐，以当地酿造的啤酒和鲜美菜肴而闻名。

End your day with a relaxed dinner at Four Ways Pub & Eatery or Elk Creek Cafe + Aleworks, known for its local brews and hearty dishes.



附近城镇指南 | Trails in nearby towns

菲利普斯堡 | Philipsburg

莫珊山谷遗产中心 → Wilderness City 飞盘高尔夫球场

Moshannon Valley Heritage Center → Wilderness City Disc Golf Course

博尔斯堡 | Boalsburg

宾夕法尼亚军事博物馆 → 哥伦布礼拜堂与博尔庄园博物馆 → Climb Nittany Pennsylvania Military Museum → Columbus Chapel & Boal Mansion Museum → Climb Nittany

历史和自然一站式体验 | All in One

罗伯多堡历史遗址 → Tytoona 洞穴自然保护区
Fort Roberdeau Historic Site

